



Ss. Peter & Paul Orthodox Church

A parish of the Orthodox Church in America

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JANUARY 30, 2022 / 32ND SUNDAY AFTER PENTECOST (TONE 7)

RESURRECTIONAL TROPARION IN TONE SEVEN

By Thy Cross Thou didst destroy death. / To the thief Thou didst open Paradise. / For the Myrrh-bearers Thou didst change weeping into joy, / and Thou didst command Thy disciples, O Christ God, / to proclaim that Thou art risen, // granting the world great mercy.

TROPARION OF THREE HIERARCHS IN TONE ONE

Let us who love their words come together with hymns, / and honor the three great torch-bearers of the triune Godhead: / Basil the Great, Gregory the Theologian and John Chrysostom! / These men have enlightened the world with the rays of their divine doctrines. / They are sweetly flowing rivers of wisdom, / and have filled all creation with springs of heavenly knowledge. / They ceaselessly intercede for us // before the Holy Trinity.

- *Sing the troparion of Ss. Peter and Paul*
- *Glory to the Father, and to the Son, and to the Holy Spirit:*

KONTAKION OF THREE HIERARCHS IN TONE TWO

O Lord, Thou hast taken up to eternal rest / and to the enjoyment of Thy blessings / the divinely-inspired heralds, the greatest of Thy teachers, / for Thou hast accepted their labors and deaths as a sweet-smelling sacrifice, // for Thou alone art glorified in Thy saints.

- *Both now and ever, and unto ages of ages. Amen.*

RESURRECTIONAL KONTAKION IN TONE SEVEN

The dominion of death can no longer hold men captive, / for Christ descended, shattering and destroying its powers. / Hell is bound, while the Prophets rejoice and cry: / “The Savior has come to those in faith; // enter, you faithful, into the Resurrection!”

PROKEIMENON IN TONE SEVEN

The Lord shall give strength to His people. The Lord shall bless His people with peace.

v. Offer to the Lord, O you sons of God! Offer young rams to the Lord!

Prokeimenon in Tone Eight: Their proclamation has gone out into all the earth, and their words to the ends of the universe.

THE EPISTLE

The Reading from the First Epistle of St. Paul to Timothy. (1:15-17)

My son Timothy, this is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief. However, for this reason I obtained mercy, that in me first Jesus Christ

might show all longsuffering, as a pattern to those who are going to believe on Him for everlasting life. Now to the King eternal, immortal, invisible, to God who alone is wise, be honor and glory forever and ever. Amen.

The Reading from the Epistle of St. Paul to the Hebrews. (13:7-16)

Brethren, remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct. Jesus Christ is the same yesterday, today, and forever. Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them. We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp. Therefore, Jesus also, that He might sanctify the people with His own blood, suffered outside the gate. Therefore, let us go forth to Him, outside the camp, bearing His reproach. For here we have no continuing city, but we seek the one to come. Therefore, by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name. But do not forget to do good and to share, for with such sacrifices God is well pleased.

ALLELUIA IN TONE SIX

Alleluia! Alleluia! Alleluia!

v. It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High.

v. To declare Thy mercy in the morning, and Thy truth by night.

v. Blessed is the man who fears the Lord, who greatly delights in His commandments.

THE GOSPEL

The Reading from the Holy Gospel according to St. Matthew. (15:21-28)

Then Jesus went out from there and departed to the region of Tyre and Sidon. And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed." But He answered her not a word. And His disciples came and urged Him, saying, "Send her away, for she cries out after us." But He answered and said, "I was not sent except to the lost sheep of the house of Israel." Then she came and worshiped Him, saying, "Lord, help me!" But He answered and said, "It is not good to take the children's bread and throw it to the little dogs." And she said, "Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters' table." Then Jesus answered and said to her, "O woman, great is your faith! Let it be to you as you desire." And her daughter was healed from that very hour.

The Reading from the Holy Gospel according to St. Matthew. (5:14-19)

You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. Let your light so shine before men, that they may see your good works and glorify your Father in heaven. Do not think that I came to destroy the Law or the Prophets. I did not come to destroy but to fulfill. For assuredly, I say to you, till heaven and earth pass away, one jot or one tittle will by no means pass from the law till all is fulfilled. Whoever therefore breaks one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but whoever does and teaches them, he shall be called great in the kingdom of heaven.

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! Their proclamation has gone out into all the earth, and their words to the ends of the universe. Alleluia! Alleluia! Alleluia!

TODAY'S SAINTS

Saints commemorated on January 30th: *Synaxis of Three Hierarchs: Basil the Great, Gregory the Theologian, and John Chrysostom.* Hieromartyr Hippolytus of Rome and Companions; St. Zeno the Hermit, of Antioch (a disciple of St. Basil the Great); Martyr Theophilus the New, in Cyprus; Blessed Peter, King of Bulgaria; Martyr

Martina of Rome; St. Savina of Milan; St. Adalgonda, founder of Maubeuge Abbey; St. Balthilde of Chelles, Queen of the Franks; St. Armentarius, 1st Bishop of Antibes; St. Armentarius, Bishop of Pavia.

TODAY'S PARASTAS

Today's Parastas is offered by the Cimboric Family in memory of Yuliana Martynenko.

UPCOMING SERVICES

6:00 PM (Tuesday) – Great Vespers w. Lity (*Presentation of Christ in Temple*)

9:30 AM (Wednesday) – Divine Liturgy (*Presentation of Christ in Temple*)

5:00 PM (Saturday) – Great Vespers

9:20 AM (Sunday) – Third Hour & Divine Liturgy

MEMORIAL SATURDAYS – 2022

February 26, 2022 is the first of the Memorial Saturdays of the year. If your list of the faithful departed needs updating, inform Fr. Sophrony by 2/20/2022.

MEETING POSTPONED

The meeting scheduled for today after Divine Liturgy (for the 100th anniversary commemorative book) that was announced last Sunday is postponed to next Sunday, February 6, 2022.

BLESSING OF CANDLES

The blessing of candles will be done at the conclusion of Divine Liturgy on Wednesday, February 2, 2022.

"A heavenly light more brilliant than all others sheds its radiance everywhere, and he who was begotten before the morning star and all the stars of heaven, Christ, mighty and immortal, shines upon all creatures more brightly than the sun."
- *St. Hippolytus of Rome (c. 170 – c. 235)*